## Use and Care of Face Coverings

<table>
<thead>
<tr>
<th>Cloth Face Covering</th>
<th>Disposable Face Covering</th>
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| **Putting on face covering** | 1. Wash hands or use hand sanitizer prior to handling the face covering.  
2. Ensure the face-covering fits over the nose and under the chin.  
3. Situate the face-covering properly with nose wire snug against the nose (where applicable).  
4. Tie straps behind the head and neck or loop around the ears. |
| Throughout the process: Avoid touching the front of the face covering. |
| **Taking off face covering** | 1. Do not touch your eyes, nose, or mouth when removing the face covering.  
2. When taking off the face coverings, loop your finger into the strap and pull the strap away from the ear, or untie the straps.  
3. Wash hands immediately after removing. |
| **Care, Storage and Laundering** | • Keep face coverings stored in a paper bag when not in use.  
• Launder with regular clothing detergent before first use, and after each shift.  
• Dispose of face-covering if:  
  ○ Visibly damaged (i.e., stretched ear loops, torn or punctured material); or  
  ○ Dirty or visibly contaminated |
|  | • Keep in manufacturer packaging until needing to use it. Face covering may be reused per instructions from healthalerts.stanford.edu: https://healthalerts.stanford.edu/covid-19-information-and-resources/information-for-staff/#safety  
• Dispose of face-covering if:  
  ○ Visibly damaged (i.e., stretched ear loops, torn or punctured material, nose wire); or  
  ○ Dirty or visibly contaminated |
| **Disinfecting method** | Regular laundering of face covering | No decontamination of disposable face coverings permitted |
| **Disposal** | | Regular trash |